

# SRVJWC NEWSLETTER

## SADDLE RIVER VALLEY JUNIOR WOMEN'S CLUB

Volume 1, Issue 1

May, 2014



### Note From Our President

I am so happy Spring is finally here! We definitely have lots of warm weather activities to look forward to! I am so excited and proud that the club continues to grow. I would like to again welcome all of our newest members and thank our current members for all you do. Together we will be able to Make A bigger and stronger Difference!

### Upcoming Events:

- ◆ 5/28—Business Meeting (new member installation)
- ◆ 6/5—USR Ambulance Kitchen Tour
- ◆ 6/19—New Member Orientation
- ◆ 6/22—Anona Park Family Picnic
- ◆ 6/25—Business Meeting
- ◆ 7/17—Pinots Palette in Montclair, NJ

### WHAT WE'VE BEEN UP TO >>>

The StudiOL Dance Co. joined SRVJWC on Memorial Day in Upper Saddle River. They brought their excitement and high energy to step up our presence in the parade. Thank you Kelley Larkin and the company dancers of StudiOL for helping to make it a great day!



### Social Department



On May 21<sup>st</sup>, SRVJWC held its "Simply the Best" 2014 spring fashion show at Nordstrom in Paramus featuring raffles, a runway show, and experts to share style, fitness and beauty advice. Fashion stylist Guyliane Mann shared her expertise to help guests design their own style, and Phil Zerante was on hand to showcase the new Montvale Fitness Center facility. Dr. Gary Breslow and Dr. Jordan Farkas of the Breslow Center also explained how to look and feel young. Proceeds from the event will go to benefit community

programs in Upper Saddle River.

### Health Department

On May 8th, SRVJWC, hosted a meeting for Lawrence Rosen, M.D. of The Whole Child Center of Oradell, N.J. Dr. Rosen is an integrative pediatrician and co-author of Treatment Alternatives for Children, a guide for parents interested in natural solutions for common childhood ailments. Susan Azarman, Director of Women's Health for the SRVJWC along with Co-Director Jill DeLuise felt it was important to share Dr. Rosen's approach with other moms because of his success rate with his pediatric patients. Dr. Rosen leads a team of integrative clinicians providing holistic primary care pediatric services as well as a variety of complementary therapies. His approach is simple yet powerful and parent can begin to implement them immediately. For more information on Dr. Rosen's complementary practice and his book please visit: <http://www.lawrencerosenmd.com>.



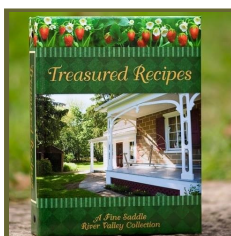
### Homelife Department



May 10th, USR Clean Up Day. The ladies got together to beautify our town!



May 17th, SRVJWC supported our schools at the USREF 5k Run!



Cookbooks available. Contact [Aimee DeMilia](#) to purchase one. Perfect as a gift or yourself for favorite recipes.

### DONATIONS NEEDED

for "Light Up The Night Event "

Funds raised from this event will be used to support suicide awareness & prevention. Your donation is tax-deductible. Some Donation Suggestions:

- ◆ Sponsors
- ◆ Virtual Ad
- ◆ Silent Auction / Raffle Item
- ◆ Luminary Purchase

Please contact [Aimee DeMilia](#) for more information.

Interested in becoming a member?

Visit us online @ [www.srvjwc.org](http://www.srvjwc.org) | Email: [contactus@srvjwc.org](mailto:contactus@srvjwc.org)

